



# New Fitness Classes!

Beginning February 7th, 2010, the following classes will be added to our Group Exercise Class Package

**Sundays @ 11am, Yoga 60 min**

**Mondays @ 10:30am, 60-min Yoga**

**Tuesdays @ Noon, Zumba 45-min**

**Wednesdays @ Noon, Yoga 45-min**

**Fridays @ Noon, Yoga 45-min**